



Risk Assessment - 22625RA

Internal Reference: (FRA10)

Information valid as of 31/07/2025 15:54

Medium



General Details

Assessor	Shaun Duchnowski
Assessment Date	31/07/2025
Assigned Reviewer	Grant Lewis
Next Review Date	31/07/2026
Operation Assessed	ABM_FacilitiesUK_Cleaning - Carry out general manual handling tasks

Associated with specific area

- ABM UK Facilities
- Chelsea Football Club
- London - Fulham Road - SW6 - Chelsea FC
- Cleaning

Description of work area and/or activity assessed

Mitigation measures ABM will take to ensure that the effects on ABM employees, consumers, clients retailers and other stakeholders who may be affected are kept informed and the risk is kept as low as reasonably practicable within our control when carrying out general manual handling tasks.

Overall Current Risk

Medium



Persons Affected

- Contractors
- Employees
- Lone Workers
- Maintenance Staff
- Members of the Public
- Office Staff
- Outdoor Workers
- Security Officers
- Trainees / Young Persons
- Visitors
- Volunteers

Current Rating	Hazard Information	Task Status
Medium 	 Manual Handling WRULD/ sprains or back damage, musculoskeletal disorders (MSDs) such as pain and injuries to arms, legs and joints, and repetitive strain injuries of various sorts from manual lifting of tools and/or equipment. work-related.	0 0 0
	Measures Currently in place to prevent risk of injury	
	- Where possible, ABM employees will avoid manual handling of heavy loads. - Correct manual handling techniques will be used by all ABM employees while handling tools or equipment. - ABM employees will not lift, carry or move any equipment which is beyond their capabilities. - Where items are heavy, lifting will be done by 2 or more ABM employees or using a mechanical aid (trolley). - ABM employees will split the load if too heavy to handle. - ABM employees will not carry the task if insufficient light in the area. - Ensure path is clear before carrying the equipment to the area of work. - Keep area of work tidy at all times. - Ensure floor surface is in good conditions (e.g. no loose floor tiles/carpet, no unmarked raised floors etc.). - Use of lifts when transporting equipment between floors. - Correct manual handling techniques used while handling tools and equipment at all times: - think before you lift - adopt a stable position - get a good grip of the load - keep back straight while lifting and the load close to the body at waist height while walking - avoid twisting back or leaning sideways - keep head up while handling the load - place the load down and then adjust it - All accidents/incidents/near misses are reported and correction actions implemented to prevent reoccurrences. - Training on manual handling (with regular refresh every 3 years) provided. - ABM employees will use stable containers while handling loads. - Reorganise the activity or environment to further reduce the impact on the individual(s) while carrying loads. - Utilise mechanical lifting aids or equipment. - ABM manager will ensure task rotation and regular breaks where handling loads is required over long periods of time. - ABM employees will be provided with personal protective equipment (e.g. gloves, foot protection, non-slip footwear) as per safe working practices/ method statement.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Access / Egress Slipping on wet surfaces while accessing the load. Tripping over equipment/ materials due to poor housekeeping. Restricted access in case of an emergency due to poor housekeeping or planning.	  
	Measures Currently in place to prevent risk of injury	
	1. All entry and exit points are adequately illuminated. 2. All walkways are clearly marked and signed. 3. Ensure equipment used does not obstruct walkways, doors or emergency exits. 4. Use designated walkways at all times, take extra care when walking across carpark or roads. 5. High viz vests/jackets provided and used while walking around site. 6. Report any hazards (e.g. damaged/ loose carpets/ floor tiles, uneven surfaces, slippery surfaces etc.) to line manager/client for remedial actions to be carried out as soon as possible. 7. ABM employees will ensure to always assess their surroundings while moving around site. 8. ABM employees will receive a site induction upon commencing work on site to ensure emergency evacuation procedures are fully understood. 9. Area of work is segregated to prevent members of the public, visitors or client staff walking through.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Slip, Trip and Falls Slipping on wet floors. Tripping over equipment/ materials due to poor housekeeping.	  
	Measures Currently in place to prevent risk of injury	
	1. ABM employees are to ensure that the environment to their destination is clear of obstructions. 2. Loads should not obscure vision of the direction of travel. 3. Safety signs to be used if there are obstructions or slip hazards to highlight the hazards in the area. 4. Safety signs will only be removed once the floor is completely dry/ hazards had been removed. 5. ABM staff will have suitable safety shoes with a good tread on their soles as per method statement. 6. Report any obstructions or tripping hazards to supervisor/ manager for action and log them as near misses if applicable. 7. Area of work will be kept clean and tidy at all times. 8. Spillages will be cleared immediately. 9. ABM employees will ensure to check the route of travel prior to handling loads on site to ensure no slipping or tripping hazards are present. 10. ABM employees will ensure sufficient lighting available in the area of work. 11. Report to line manager/ supervisor/ client any uneven floors, unmarked raised floors, loose carpet tiles, ice patches for action. 12. ABM employees will avoid routes where ice patches are present, where possible. 13. ABM employees will discuss with line manager/ client re-scheduling task for later/ earlier in the day when ice/ frost has melted or area had been gritted. 14. ABM employees will ensure the area will be left tidy once has been completed.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Adverse Weather Slipping due to adverse weather conditions (e.g. snow, ice, rain) while working outside. Cuts due to incorrect personal protective equipment being worn. Crush injuries following loss of dexterity.	
Measures Currently in place to prevent risk of injury		
1. ABM employees will review and re-schedule task for later in the day or another day, where possible, if weather conditions significantly increase the risk of incidents when working outside. 2. Regular breaks in place while working in adverse weather conditions will be implemented by ABM manager. 3. Warm and weather proof clothing (e.g. additional fleece, gloves, waterproof jackets etc.) to be worn while working in cold weather as per safe systems of work/ method statement. 4. ABM employees will wear work uniforms that incorporate cooling systems or breathable fabrics while working in hot/ humid environments. 5. Use of sun protection skin products while working in direct sunlight. 6. Sun protective clothing to be worn while working outside during hot periods. 7. ABM manager will identify employees who are more susceptible to heat stress due to pre-existing health conditions and re-assign them to other tasks, where possible. 8. Rotation of work in place for staff working in adverse weather conditions. 9. Suitable place provided for employees to dry their work clothing when not in use. 10. Facilities to get hot/ cold drinks as needed available in restroom. 11. Regular checks carried out by line manager/ supervisor to ensure employees remain fit and well while carrying out their tasks. 12. Employees are advised and encouraged to drink plenty of liquids to avoid dehydrations in hot/humid environments or to warm up in cold environments. 13. ABM employees will use mechanical aids to handle loads on site, where provided. 14. ABM employees briefed in identifying heat stress symptoms.		

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Low 	 Collapse of Structure Loads collapsing due to unstable stacking leading to cut, bruises or crush injuries.	0 0 0
Measures Currently in place to prevent risk of injury		
1. ABM employees will ensure that any mechanical aid used is visually checked prior to commencing work. 2. Any damages to the equipment or load will be reported to line manager/ client for appropriate actions to be taken. 3. Damaged mechanical aids will be taken out of use and marked with a 'Do not use' sign until repaired or replaced. 4. ABM employees will ensure heavy loads will be placed at the bottom of the stack to be transported. 5. ABM employees will ensure that fragile items will not be placed at the bottom of the stack as this will lead to weak structure and damages to the loads handled. 6. ABM employees will ensure that larger loads are placed at the bottom of the stack. 7. ABM employees will ensure that loads are secured prior to being moved. 8. Where possible, cages will be used to moved loads on site to reduce collapsing during transport. 9. ABM employees will ensure they do not load the trolley/ cage or other mechanical aid used above the maximum weight limit. 10. ABM employees will ensure they do not load the trolley/ cage or other mechanical aid used beyond the maximum height to prevent obstruction of vision. 11. ABM employees will ensure to inspect the route to be taken and remove any hazards that might obstruct moving loads. 12. ABM employee will slowly move loads to their destination to prevent them from becoming loose. 13. When unloading a pallet, ABM employees will ensure to start from the top and work their way down.		

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Collison with ... Collision with moving vehicles when loads or handles in service yards or carpark. Collision with people when loads are handles around offices, back of house areas or other locations where people might be present.	0 0 0
Measures Currently in place to prevent risk of injury		
1. ABM employees will plan their task in advance to ensure route and area of work are clear. 2. ABM employees will segregate their travel route to prevent contact with moving vehicles or people. 3. ABM employees will ensure diversion signs are placed in visible location to direct traffic or pedestrian movement away from the area of work. 4. ABM employees will move loads on site during quiet periods, where possible. 5. ABM employees will ensure they have sufficient visibility while moving loads to identify any unexpected people or vehicle movement. 6. ABM employees will ensure to use designated pathways while carrying out the task, where possible. 7. ABM employees will ensure there is sufficient light in the area of work. 8. ABM employees will move slowly to ensure they can stop in case of an emergency. 9. Where mechanical aids are being used (e.g. trolleys, cages etc.), ABM employees will ensure to visually inspect the equipment prior to use. 10. ABM employees will not use any damaged or faulty mechanical aids. 11. ABM employees have sufficient and suitable training to use the equipment available on site. 12. ABM employees will ensure not to overload the equipment used. 13. ABM employees will ensure the load on the trolley does not obstruct direction of travel. 14. ABM employees will ensure load is correctly distributed to prevent it from falling during transportation.		

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Housekeeping Tripping over material or equipment due to poor housekeeping. Musculoskeletal injuries due to unsafe storage or poor building design. Spilling on wet surfaces.	  
	Measures Currently in place to prevent risk of injury	
	1. ABM employees will ensure the area or work is kept clean and tidy at all times. 2. ABM employees will ensure the route to their destinations is checked and cleared of any hazards prior to commencing task. 3. ABM employees will ensure any spillages will be cleared immediately. 4. ABM employees will ensure the area is left clean and tidy once task is completed.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Inexperienced staff Inexperienced staff handling loads leading to musculoskeletal injuries.	  
	Measures Currently in place to prevent risk of injury	
	1. ABM employees will received manual handling training (with refresh every 3 years) prior to carrying out tasks where manual handling is required. 2. ABM employee will received yearly TBT in correct and safe manual handling. 3. ABM employees will received training in instructions in correct and safe use of mechanical aids available on site. 4. Specialist training is provided to staff where required (e.g. fork lift). 5. Inexperienced ABM employees will be supervised by line manager or experienced colleagues. 6. Young ABM employees/ apprentices will always be supervised while on site carrying out manual handling tasks.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Maneuvering in tight spaces Handling loads in tight spaces causing musculoskeletal injuries.	0 0 0
	Measures Currently in place to prevent risk of injury	
	1. ABM managers will discuss with the client for a bigger storage space to be made available to the team, where possible. 2. ABM employees will assess the work environment prior to handling loads to ensure sufficient space is available. 3. ABM employees will clear sufficient space around prior to handling loads. 4. ABM employees will break down the load in smaller parts, where possible. 5. ABM employees will ensure no heavy loads are stored or handled above head height. 6. ABM employees must have received training in correct and safe use of mechanical aids prior to commencing work. 7. Where loads are handled by hand, ABM employees will ensure there is sufficient space available to follow correct manual handling techniques. 8. Where loads are handled using mechanical aids, ABM employees will ensure to assess and use the most suitable one for the location.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 New and Expectant Mothers Handling heavy loads causing problems to mother and baby.	0 0 0
	Measures Currently in place to prevent risk of injury	
	1. No ABM pregnant employees will be allowed to handle any loads on site. 2. ABM employees will request support from their colleagues/ client when loads are required to be moved. 3. ABM managers will temporarily re-assign employees to other duties where handling loads is not required. 4. ABM managers will ensure to regularly check on the pregnant employees and discuss any work adjustments necessary to keep the mother and the baby safe.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Sharp Objects Cuts or grazes due to handling loads without hand protection or incorrect hand protection used.	  
	Measures Currently in place to prevent risk of injury	
	1. ABM employees will ensure to check the load to be moved for any sharp objects/ edges prior to handling. 2. ABM employees will assess the load to be handled prior to moving it to identify if any sharps are present. 3. Any sharp edges or surfaces will be covered (e.g. padding, plastic covers etc.) prior to handling the load. 4. ABM employees will ensure that the sharp edges do not push against their bodies while moving loads on site. 5. ABM employees will use mechanical aids (e.g. pallet trucks, trolleys etc.) to move sharp loads around site. 6. ABM employees will carry away from their bodies any loads where content is not visible and the risk of sharps inside is present (e.g. bin bags). 7. ABM employees will handle very carefully any loads where glass/ glass shards, metal sharp edges etc. are present. 8. ABM employees will ensure PPE is worn while carrying out the task as per method statement's instructions.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Medium 	 Uneven Flooring Tripping over loose tiles/ carpets/ edges while handling loads on site. Tripping over uneven flooring.	  
	Measures Currently in place to prevent risk of injury	
	1. ABM employee will ensure to check the route to their destination prior to commencing task. 2. Any damages to the floors will be reported to line manager/ client for action. 3. When setting out travel route, ABM employees will ensure to identify and use the ones with the minimum change in floor levels (e.g. no stairs, steps). 4. Where stairs/ steps are present on the route to be taken, ABM employees will ensure to be very careful while handling loads and require assistance from other team members or the client. 5. Where available, ABM employees will use ramps on stairs for the duration of the task. 6. ABM employee will ensure to wear non-slip safety footwear as per method statement instructions.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Low 	Lighting Lack of lighting causing the straining of eyes, eye discomfort and headaches. Lack of light preventing employees from identifying hazards in the area of work.	0 0 0
	Measures Currently in place to prevent risk of injury	
	1. ABM employees will report any faulty lights to line manager or client for repairs to be carried out. 2. ABM employees will reschedule the task where insufficient light in the area of work. 3. Task to be carried out when sufficient natural or artificial light available. 4. ABM employees will use task lights to ensure sufficient light in the area of work.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Current Rating	Hazard Information	Task Status
Low 	Ergonomics ABM employees carrying out repetitive tasks leading to repetitive strain injuries.	0 0 0
	Measures Currently in place to prevent risk of injury	
	1. Regular breaks will be undertaken by ABM employees when carrying out tasks involving repetitive movements. 2. ABM managers will implement rotation of workforce to complete the task. 3. PPE will be used by ABM employees as per method statement instructions. 4. Training (and regular refresh every 3 years) in correct and safe manual handling provided. 5. Ensure correct posture at all times when using equipment (back straight, bend knees if required). 6. ABM employees will not stretch to reach difficult areas, suitable equipment will be provided to them. 7. ABM manager will regularly review employees working practices to ensure correct manual handling techniques are followed at all times. 8. Additional plant and equipment will be removed prior to commencing task to allow sufficient access. 9. All accidents/ incidents/ near misses are reported and correction actions implemented to prevent reoccurrences. 10. ABM employees will rotate tasks to prevent repetitive tasks from being carried out over long periods of time.	

Potential Rating	Additional Controls Required
No Score	No Remedial Actions Entered If there are any reasonably practicable actions which can be taken to reduce the risk associated with this hazard please use the form above to enter them.

Related Files